

Summary Sheet for NZOIA Rock 1 & Rock 2

Name: _____

The purpose of this summary sheet is for you to be able to clearly quantify your personal and instructional experience in relation to the prerequisite numbers of days as outlined in the NZOIA Rock award syllabus. It is important to be aware that these numbers are seen as an absolute minimum expectation for those who are considering presenting themselves for assessment.

Please complete all sections and include this sheet attached to your log as part of the application process. Please note that as detailed in the Rock syllabus a day is no less than 4 hours and/or 4 pitches climbed.

Summary	Total
Personal days total	
Instructional days total	
Details of personal climbing	
Number of days involving some lead climbing	
Number of days involving natural protection i.e. placing your own gear	
Number of days involving fixed protection i.e. bolts pitons etc.	
Number of crags/sites visited	
Number of days at indoor/artificial facility	
Details of instructional experience	
Number of days set up involving natural protection i.e. placing your own gear	
Number of days set up involving fixed protection i.e. bolts, trees, fences etc.	
Number of days involving abseil instruction	
Number of days instructing at an indoor facility	
Number of sites visited during instructional experience	
Other	
Number of days of formal instruction you have received as a student as part of a programme, course, inservice training, tertiary study etc.	
Have you attended a pre assessment training programme run by an NZOIA Rock award holder?	
Rock 2 only	
Number of days climbing in a multi pitch environment	
Number of days instructing lead climbing	
Personal leading standard. What grade can you consistently lead climb?	