

NZOIA Instructor Syllabus

Sea Kayak Level 2

SCOPE

For those training sea kayak instructors, developing and managing sea kayak programmes.

Leading multi-day sea kayak expeditions.

This syllabus should be read in conjunction with NZOIA Sea Kayak Level 1 as all relevant elements will be assessed when sitting this NZOIA award.

NB: Check out recommended training resources on the NZOIA website

1. SKILL AND EXPERIENCE - PRE-REQUISITES

Prior to the assessment, candidates are required to submit evidence of the following:

Self assessment evaluation form

Sea Kayak Guides and Level 1 Instructor Awards.

30 days personal experience, including multi-day trips in a variety of locations.

30 days leading expeditions

90 sessions of training guides/instructors.

Current Outdoor First Aid Certificate. (It is recommended that the Sea Kayak Instructor Level 2 obtain a P.H.E.C. Course or equivalent.)

Coastguard Boatmasters Course.

Definition Notes: For the purpose of this award

A personal and or guided sea kayaking day would normally be considered not less than six hours from start to finish.

An instruction session would normally be considered not less than two hours.

An instruction day would be normally equivalent to three instruction sessions.

An expedition is considered greater than three days, where exposed coastlines are encountered, with limited landing areas.

These are minimum requirements; extra days are advised so that a candidate has both a depth and breadth of experience in a variety of conditions

In the following areas the Level 2 Sea Kayak Instructor will be expected to:

2. HISTORY, ETHICS AND ENVIRONMENTAL CARE

Demonstrate teaching to teach, instruct and coach in all aspects within the Proficiency, Guides and Instructor 1 Award.

3. CLOTHING AND EQUIPMENT

A Level 2 Instructor will be able to demonstrate teaching to teach, instruct and coach in all aspects within the Proficiency, Guides and Instructor 1 Award.

4. SEA KAYAK SKILLS

The Sea Kayak Level 2 Instructor should be able:

Lead expedition kayaking;

Demonstrate competence in instruction, leadership and management of intermediate and advanced sea kayakers in exposed coastlines with limited landing options on multi-day (greater than 3 days) trips.

Train/coach guides and instructors

Teach/coach the content of the Sea Kayak Guides and Level 1 Instructor Awards.

Role model sea kayaking proficiency skills.

Demonstrate the ability to analyse safety plans, understand the legislative requirements and make suitable recommendations to ensure the organisation meets its legal and moral obligations.

5. LEADERSHIP AND INSTRUCTING

Demonstrate teaching to teach, instruct and coach in all areas noted in the Proficiency, Guides and Instructor 1 Award including:

Demonstrate competence in leadership.

Demonstrate principles of party management and effectively manage the party in changing situations: Briefs, capsized student/s, on open ocean group management, difference in abilities of party members, changes in environmental conditions.

Demonstrate the ability to pack a sea kayak for an overnight trip and knowledge of environmentally friendly camping techniques.

Describe and disclose the relevant hazards encountered on the water described in this scope, and list suitable avoidance and management techniques.

Describe the signs and treatment for near drowning, hypothermia, shock, sunburn, shoulder dislocation and dehydration.

Demonstrate an effective communication system for groups on open ocean.

Select a training venue for a given group.

Select and prepare a range of learning/fun activities for a given group.

Demonstrate the protection of surf landings with a group for less experienced paddlers.

Demonstrate an in depth working knowledge of a map and compass for navigation.

Demonstrate an in depth working knowledge of NZ weather systems and the effects on a sea kayak expedition/programme

Demonstrate an ability to access tidal current information.

6. RISK AND CRISIS MANAGEMENT

Demonstrate teaching to teach, instruct and coach in all areas noted in the Proficiency, Guides and Instructor 1 Award.

Sea Kayak 2 - Self Assessment Evaluation

– to be submitted with assessment application.

Name:

Self Review Questions	Circle your answer
Have you; 1. Considered whether the days on your log book are quality and not just based on quantity?	Yes / No
2. Completed a Sea Kayak Instructor Level 1 Award?	Yes / No
3. Meet the total minimum requirements of days?	Yes / No
4. Completed 30 days personal experience, including multi-day trips in a variety of locations?	Yes / No
5. Managed to do your personal days in a range of locations, conditions?	Yes / No
6. Completed 30 days leading expeditions?	Yes / No
7. Completed 90 sessions of training guides/instructors?	Yes / No
8. Completed your experience under a range of locations, conditions?	Yes / No
9. Got more than the minimum days required? (This IS recommended)	Yes / No
10. Completed a Pre Hospital Emergency Care course?	Yes / No
11. Passed a Coastguard Boatmasters or higher marine qualification?	Yes / No
12. Attended a Risk Management Course?	Yes / No
13. Am I really Ready for this exam?	Yes / No

Signed:

Date: / /