

NZOIA Quarterly

Number 30

Newsletter of the New Zealand Outdoor Instructors' Association

September 2004

Mark Jones '2004 Tall Totara Award'

*The Tall Totara award is presented annually by NZOIA to recognize and promote quality in our work. This year's recipient is **Mark Jones** for his commitment to excellence through his involvement with NZOIA, his own teaching practice, writings, and more recently using his adventure experiences to inspire New Zealand youth. Mark is a senior lecturer at AUT in the Division of Sport and Recreation.*

I asked Mark to write something for the quarterly that was philosophical and reflective and shared something of his take on life, our industry and everything... Ed.



Mark Jones

There's a certain irony in wielding a large club-like lump of totara and being allowed through airport security, while at the same time watching a couple undergo the indignity and absurdity of having their scissors confiscated.

I couldn't help shaking my head and smiling. Things are definitely getting weirder in the city.

We live in an era where rules override discretion, and where policy trumps common sense. God forbid that we ever allow our own field to fall into this state, where rules replace good judgement, because our world is a far more dynamic one -the unpredictability of people inter-meshed with ever-changing nature- our world cannot be fully defined and controlled by paper processes; not without a compromise we should not be prepared to make. Good instruction is the result of a whole stew of skills and attributes that combine to give our teachings their own unique flavours, and a workplace defined solely by rules and procedures does not foster two of its most vital ingredients, good judgement and common sense. It is these that we stand to lose, the very meat and potatoes of the stew, and it's a watery mix indeed when they are gone.

In developing outdoor leaders in NZ, I think it's vital that we find ways to foster in them the ability to make sound decisions. The sort of judgement that will recognise the exception to the rule; the sort of ability that enables our instructors to not just keep people safe in the hills, but to have the capacity over and above this to teach/impart some of the things their students can't get anywhere else.

We also live in an age that appears, by its actions if not by its rhetoric, to promote zero personal responsibility in the individual. Throughout our lives the lowest common denominator is pitched to, common sense is getting dumbed down, and there is little expectation of having to look out for one's self. There is a real contradiction operating, in that society demands total accountability in the manager/leader/professional, but tolerates (which is to say, encourages) the lack of it in the individual.

In this regard outdoor education has enormous relevance today in the development of young people, perhaps more so than ever before. Nature treats us all as equals. It punishes folly regardless of who commits it - boots left out will freeze, poorly pitched tents will leak or blow away, forgotten items cannot be replaced in the hills... There are real consequences in the outdoors for our actions or inactions. Seldom do young people get to experience this so dramatically. The experiences are powerful and memorable; and they learn more than just how to be comfortable in the hills, they can become aware of nature's wisdom, and the freedom of the hills, they can learn to understand and appreciate relationships, they can discover the positive side of taking risks in life, they can begin to be aware of the importance of certain attributes and start to develop these...

I've often joked about getting a real job one day, but in reality there has been no enthusiasm to do anything other than what I've done. Life continues to be rich and rewarding and full of excitement and challenge. There's a lot still to get right of course. The social engineers have taken some awful risks with our education system that leave me extremely nervous. I'm saddened by our ever depleting fish-stocks and the lowering baseline that each generation compares their experiences to.

.....continued on page 4 

OVERDUE Annual Subscriptions

Yes, annual subscriptions are now **OVERDUE** and an invoice is included with this issue of the Quarterly - if we have not received your subscription. You can pay by cheque, or **ONLINE** via the **NZOIA website**: www.nzoi.org.nz

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www.safeoutside.org

SOME FINAL DREGS IN THE (ex) PRESIDENTS WINEGLASS

At last, a chance to move on and let Matt take over the role of President. Thanks to all those people who have provided support, advice and inspiration over the last 5 years. I've made some great mates!

I'm pleased with what we have achieved over the last few years. The organisation is in really good heart right now. Anyone who was at the AGM must have been encouraged and enthused with the feeling that prevailed (my view anyway). Christchurch is always a great place to have a gathering and this year really exceeded our expectations.

The Forum was well attended and had some informative sessions. A CD is being produced with all the presentations on it, plus members should be able to access these through the ONZ website. It was great to see the packed lecture theatre - standing room only.

Won't go on too much here - check out the website for my President's Report for 2004. Plus I'm always happy to give an opinion, advise, or share the many years of knowledge I seem to have accumulated.

Cheers!

Jill Daton

FROM THE NEW PRESIDENTS PENCIL

As I begin my term as President of our Association I feel it appropriate to firstly acknowledge and thank my predecessor Jill Dalton. It is not easy to adequately describe the huge contribution that Jill has made during her 5 year Presidency. Jill's support for NZOIA started way back in the first year of our existence, she was the 93rd person to join (we're currently into the 2200's).

In the Presidents role Jill has worked tirelessly, thoughtfully and diplomatically. She has brought great integrity, enthusiasm and determination to the job as well as a sense of fun. She has managed our 2 part-time staff and for much of the time acted as Assessment Coordinator as well.

The achievements of the Association during the period of her leadership are too numerous to specifically mention, suffice to say that we have seen a steady increase in membership; a busy assessment calendar; our administrative policies and systems have been overhauled; and we've been brought from the brink of insolvency to our current healthy financial state.

Jill has built bridges with many allied organisations; brought people together; and at all times worked to

create a less fragmented outdoor sector. Jill received the SPARC Supreme Award for Contribution to Outdoor Recreation in the Outdoors NZ Outdoor Excellence Awards at the recent Industry Forum Awards Presentation.

It's difficult to think of Jill without also thinking of Jim. Perhaps because Jill had the title of President, Jim's significant efforts have been rather overlooked. Jim is a steady sort of chap, measured, considered and prudent in his decision making. By his hand our financial management and performance have been exemplary, our website has been transformed and, through sponsorship that Jim has secured, our office and that of Outdoors NZ have been equipped and furnished.

For the time being Jill and Jim are co-opted to the Executive to ensure the smooth hand over of duties, information and the completion of projects currently underway. Their commitment to NZOIA has been outstanding and we are all indebted to them. My sincerest thanks to you both.

Matthew Cant
President

T.S.C news flash...

NZOIA Kayak Awards and Bush 1 get syllabus upgrade

A new look **Kayak Syllabus (Level 1 & 2)** has been developed incorporating feedback from all avenues of the kayaking industry. There is an attempt to be more transparent and link wording with contemporary kayaking training resources. The syllabi are intended to be useful as a training document AND as an assessment tool. Likewise the **Bush 1** syllabus has been through a similar process. Please check out the NZOIA website for the changes www.nzoia.org.nz.

You'll also find a list of very useful training resources for **kayakers and instructors** moving towards sitting a kayak award - see page 7.

AVAILABLE FROM THE NZOIA WEBSITE

~ via the
publications page



~ the NZOIA Thermal Mug

Nicci Mardle '2004 NZOIA Emerging Instructor'

Interviewed by Ashley Cheeseman, CPIT

Tell me about yourself!

Nicci Mardle (no nicknames that have ever really stuck), aged 29, current qualifications include NZOIA Rock 1 & Kayak 1 and last year I finished my Diploma in Applied Recreation and my Bachelor of Adventure Recreation and Outdoor Education at CPIT. Through that I have done odds and sods such as Avalanche one and Pre hospital care first aid etc. Currently working at CPIT in the Certificate in Recreation

Where do you currently reside?

Cheese you can't use this interview to get my number and address!!!

Do you have any animals?

Plenty - Borris and Morris the goldfish, Rumble the Cat, Ren and Fozzie the dogs.

What is your star sign?

Taurus. Some would say it is quite fitting.

Favourite movie?

I don't know, Lost Boys maybe

Favourite song?

To many, most bands have a song I like. Quite like Ben Harper and Michael Franti at the moment. The car radio is on the Rock.

What is your favourite food and drink?

A nice white wine, hot chocolate, a Monteiths Original or Feijoa Juice. Eve Apples and Chocolate rate quite highly. Juicies are up there. Palak Paneer most favourite meal.

What inspires you?

Snow, good people, sunrises, sunny days, bit of a challenge.

What is your worst instructing moment?

The day I forgot I was running a pool session and completely forgot about it!

Or the time Matt and I were snow caving with my certificate students. We had made a cave so comfortable we slept in. Got up to find all the students up, eaten and ready to go. I packed quickly.

What is your best instructing moment?

Any day I have woken up on time. The Clarence trip with my Mackenzie College students a few years back. Too many to list.

What do you like doing on Sunday morning?

Lots of things, some unprintable. Relaxing, in the sun with the paper, going for a run, paddle, ski, mtn bike or climb.

Do you have any travel plans?

I haven't really travelled yet, other than Arapiles and Singapore when I was a kid. Have plans in the pipe line to go to parts of Asia and bike touring in Europe.

Any more NZOIA awards planned?

Alpine one in October. Fingers crossed.

What is the one word of inspiration you would say to a young instructor?

Sunrises

Who are your mentors?

The crew of people I work with, the tutors I have had through my study, people who I have worked with in the past.

Who are your role models?

Lots of people. A landlady I once had who was 75 and still spending one month a year in a foreign country adventuring. Jo Straker (secretly I think she has a deal where she gets an extra 10 hrs a day to do things), I am afraid of putting names down as I am worried I will miss some one. There are a lot of people who have walked into my life (or I have walked into theirs) who have qualities, values and do things that make me think, I want to be like that, think those things, live like that. From students, friends, peers and randoms.

What will people remember you for?

Don't know. I am not sure who the artist was, but their painting was a capital I next to a lower case i. The title and the concept of the painting was, How the world sees me and how I see myself. How do you really know. Some one out there thought I was young and emerging!!!

▶ Mark Jones '2004 Tall Totara Award' - from page 1

Access is extremely worrying when I think about what has been lost to recreators over the last 10-15 years alone and what is vulnerable still to closure.

We have some disturbing youth statistics that I struggle to reconcile with growing up in Godzone. And the city is definitely getting weirder. But for all that, New Zealand is simply the best place on earth to live.

I see enormous potential coming through each year in my students. It constantly feels a privilege to work with the majority of them, to see one's ideas transformed by them into something greater, to feed off their energy and enthusiasm, and to be a part of their lofty dreams and hopes for the future.

It gives me some faith in that future, to see NZOIA, through its assessment practices, valuing sound judgement, and

applauding long experience, and retaining common sense in the way we do things in NZ. Faith too, that it does not constrain outdoor instruction by a set of dictates. "Rules", said David Ogilvy, "are for the guidance of wise men and the obedience of fools". Although he was a marketer I think his point has just as much relevance for our outdoor field if we are to celebrate different ways of doing things and retain the vitality of our good sense; to be constantly aware and vigilant in the ever-changing realm in which we work; to have the ability to morph, and move, and seize on teachable moments; and in the process promote in our young people the traits they need to help them find success in their lives, however they define this.

And if we're lucky, we may just be able to do something about the city!

A JOURNEY OF EXPLORATION



In the south-eastern corner of Tibet lies the mysterious Nyainqentanglha-East Mountain Range. Bigger than the Southern Alps of New Zealand these mountains are almost totally unknown to the climbing population of the world, and indeed only one peak in the entire area has been climbed. The 2004 New Zealand Unclimbed Tibet Expedition, recipient of the WL Gore Shipton-Tilman Award, is heading off to an untouched valley in the middle of this enigmatic corner of the earth.

Arriving in Lhasa at the end of September, NZOIA member Sean Waters, and Middlemore doctor Jo Kippax will travel east to the Lawa Valley where an unexplored wonderland of mountains awaits. The only non-Tibetan/Chinese to have entered this valley appear to be the indomitable Japanese trekker Tomatsu Nakamura in 2002 and before him the British botanist Frank Kingdon-Ward in 1924. No one has been above the snow-line.

The expedition is awaiting the confirmation of an exploratory mountaineering permit which will allow them to attempt any peaks in the valley. Particular objectives are two stunningly beautiful summits, Chuchepo (6550m) and Birutaso (6691m), both identified from photographs taken by Mr Nakamura. Attempts may also be made to reach the second highest peak in the range, the holy mountain Nenang (6870m).

The area is renowned for its high precipitation and generally poor weather. The only peak to have been climbed in the region is the now well known Sepu Kangri (6956m), attempted three times by Chris Bonnington and finally summited by an American party in 2002. Other expeditions to various areas within the range have included the ubiquitous John Nankervis and fellow Kiwis', as well as American and British expeditions. All have missed out on summits. The 2004 Expedition will be accompanied by a small trekking party of two, Leah Avery and Jen Beswick who will explore the ancient trade path between the villages of Punkar and Lhari.

Live updates of the expeditions progress, will be available on the website www.summitfootprints.com (if all the technology works OK). Post trip reports will also be posted at the Shipton/Tilman Diaries at: www.gore-tex.com and at www.suuntosports.com.

The expedition has been generously supported by Gore, Bivouac, Macpac, Placemakers, Suunto, Thorlos, Smiths, NZAC, MEF, NZCT, ROCOM, and others.

BEING PROFESSIONALLY ORGANISED !

Being a professional outdoor instructor is more than just gaining a qualification. There's a whole lot of habits that go with the total picture. What it all adds up to is that a great instructor will pay attention to detail.

This is just a short focus on what I understand by this. Things like:

- Cleaning up your gear after use – not having piles of dirty gear lying around for weeks.
- Storing gear well, and repairing it after the trip, not just prior to the next one.
- Presenting a professional image of self (neat, tidy), of gear (in good order), your actions (role model how you would like others to behave in the outdoors – not just when you are instructing, all the time!), and having great environmental ethics always. In other words, role model good practice.
- Be on time!
- Keep to deadlines.
- Get your assessment paperwork in on time !!!

Jill Dalton

WITH US FOR THE LONG HAUL

At the AGM in Christchurch it was recognised that a number of people have been long term supporters of NZOIA. Those who regularly renewed their NZOIA membership since prior to 1992 were presented with a thermal mug (if they were at the AGM). If you were not at the AGM you can collect one of these either from Jill Dalton (Auckland) or Steve Scott (Wellington) - sorry we are not posting these out.

Members are: *means your mug was collected at the AGM. Apologies for any omissions or hiccups.

Carl Ahrens, David Bailey*, Marty Beare, Dr Mike Boyes*, Ray Button*, Steve Chapman*, Graham Charles, Bruce Conway, Jill Dalton*, Grant Davidson*, John Davidson, Richard Dunn*, John Entwisle*, Juliet Fitzpatrick, Graham Frith, George Gerard, Jo Haines, John Hammond, Rex Hendry, Ross Hickey, Chris Jansen*, Anna Jones*, Mark Jones*, Phil Kay, Wayne Keen, Peter Kettering, Kip Mandeno, David Magnall*, Jim Masson, Ian McAlpine, Ken McIntyre, Kieran McKay, Vern Meyer, Ian Newman, Ian Nicholson*, Don Paterson, Mark Pihema, Wayne Putt, Eric Schusser, Lindsay Simpkin, John Skilton, Brian Staite*, Terry Stanbridge*, Jo Straker*, Andy Thompson*, Van Watson*, Gareth Wheeler*, Paul Yeoman*, Peter Zimmer, Tanya Laybourn, Mike Brien, Wayne Keenan.

Excellence in Outdoors Recreation Recognised

The 2004 Outdoors New Zealand Excellence Awards were presented at the Awards Dinner in Christchurch on 11 September, held as part of the Outdoors New Zealand annual Forum.. Over 60 outdoor organisations, employers and employees were present at to recognise excellence in outdoors recreation. Awards included the:

- Sport and Recreation New Zealand (SPARC) Supreme Award for contribution to Outdoor Recreation – **for the individual, organisation or facility who has made an outstanding contribution to outdoors recreation.**
- Outdoors New Zealand Facility Award – **for the outdoor, recreation or education facility that has reduced the barriers for participation in outdoor recreation.**
- Education Outdoors New Zealand (EONZ) Programme Award – **for any outstanding programme demonstrating quality, innovation leading to a greater cognisance of outdoor recreation as a significant dimension of the New Zealand way of life.**
- New Zealand Outdoor Instructor Association (NZOIA) Emerging Instructor Award – **for an individual illustrating all the qualities essential to a superb Outdoors Instructor.**

The 2004 Winners are: –

1. SPARC Supreme Award for contribution to Outdoor Recreation

– Jill Dalton

Jill has had a long and distinguished involvement in a number of different facets of the outdoors recreation sector such as Mountain Safety Council, SFRITO and NZOIA. In particular her contribution to NZOIA since it started has been outstanding, sorting out qualification and assessment structures and processes, as well as the administration and financial aspects of the organisation, to ensure a professional service is delivered to members. As President of NZOIA Jill dedication and hard work has improved the standards and credibility of NZOIA resulting in it now being a better, stronger and user-friendlier organisation. Somehow Jill still manages to find time for family, friends, tramping, mountain biking and travel, and competing at national and international level in orienteering. A better role model for professionalism in the outdoors and life balance would be difficult to find.

2. Outdoors New Zealand Facility Award

– Boyle River Outdoor Education Centre

BROEC is situated amongst native bush, mountains and rivers just off SH7 in the Lewis Pass area of the South Island.

BROEC has been providing high quality courses for 26 years. It has an established range of programmes based

on the Adventure Based Learning approach to outdoor education, which encourage personal growth, the development of social skills, personal challenge, teamwork and environmental awareness. It caters for primary and secondary schools, Corporate Management groups, tramping groups and conferences. The Centre also runs senior student courses in Leadership and Adventure Based Learning, with the opportunity to achieve Unit Standards. "GO FOR IT" adventure weekends provide an exciting introduction to the outdoors for adults.

Whatever the course BROEC staff deliver the programme in a safe and professional environment with a big helping of fun!

3. EONZ Programme Award

– Dunstan High School, Alexandra

The Dunstan High School Outdoor Education Programme for Years 10 – 13 has been developed over quite a number of years to utilise outdoor education and adventure based learning for personal and social development whilst recognising changes in youth culture and the issues and expectations of the local community.

The development of a *community of adventure learners* emerges from the concepts of community, adventure and learning characterised by supportive, stimulating, significant and satisfying education. Using the stunning and varied outdoors environment of Central Otago the programmes focus on dependence, independence, and interdependence as students are taken on a journey from practical activities and teamwork in Year 10 through to camp and peer leadership and self development in Year 13 with links to unit standards.

The opportunities available to students are significant and dedicated teachers professionally run courses.

4. NZOIA Emerging Instructor Award

– Nicci Mardle, Christchurch Polytechnic

This years Emerging Instructor Award winner is a passionate, skilled and intelligent outdoor educator. Not only can Nicci teach and demonstrate bow stalls, Nicci can also debate with and educate people about education in and for the outdoors. Nicci has mixed her early career development with education and professional development. Having just graduated with the Bachelor of Adventure Recreation and Outdoor Education she already has multiple years experience working in the adventure tourism industry and school based residential programmes. Now as an employee of CPIT Nicci is focused on training and educating others about being an outdoor professional. Nicci holds NZOIA Rock I and Kayak I, is sitting Alpine I this year and is focused on a level 2 for 2005, then perhaps a Masters.

"Tech Notes"

Keeping in touch with Kayaking?

by Dave Moore, NZOIA TSC



Kayaking has evolved as a sport at an exponential rate in the last decade. For some this has been an exciting whirlwind of new ideas and fun. For others including many instructors it has become a frustrating time to try and "keep up" with what is current or best practice. It is fair to say many of our traditional instructional resources are best used as historical documents to see where the sport has come from. Many of these older resources also offer excellent ideas beyond technical stroke or boat control concepts.

No longer do we need to rely on international roving instructor's word of mouth or secret whispers. Modern kayaking developments can be explored through the MANY excellent instructional and inspirational resources out there. These gems are a total must for a kayak instructor's continuing professional journey. Here is a quick heads-up on a few goodies...

Current useful resources for instructors

Instruction videos ~

"The Kayak Roll" by Kent Ford. This teaches the Sweep Roll. Great for instructors learning the progression or a personal roll tune-up. Excellent concepts well explained and role-modelled.

"Grace Under Pressure" by "Kathy Bolyn and Joe Holt. This teaches the C-to-C roll. Excellent progressions and concepts (if a little cheesy...).

"Breakthru" by Kent Ford

All the basics broken down to detail with some excellent role modelling of techniques. A good resource for those aiming to sit Kayak I. Have a good giggle about the mighty Scott Shipley referring to the RPM as a play boat.... Times change! Explains carving, forward paddling, sweeps and draws well. Excellent general breakdown of information and easy to understand. Total winner.

"Liquid Skills" by Ken Whiting & Chris Emerick

A good package of information. Watch Ken for the good images, Chris looks a bit stiff! Their eddy turn demonstrations are all good however many instructors in NZ at present are favouring a quality "sweep to stern draw" or just forward paddling for beginners. Definitely safer for shoulders in shallow rivers/creeks and provides solid drive and stability. It can be hard to pick out the good stuff in this video as Ken doesn't always prioritise the important points. Good current information.

"SOAR" by Ken Whiting

Great mix of instruction and inspiration with some fantastic Kiwi creeking footage. Good intermediate and advanced material. Not so hot as an introductory heads up on basic kayaking techniques.

"Whitewater Self Defence" by Kent Ford

A very good resource and role-modelling of river rescue relevant to kayakers. Great to see a kayak specific resource full of quick-fix tips and tricks. Take a look.



Books ~

"The Kayaker's Playbook" by Kent Ford

A great little resource. Clear up to date info. Get into those carving drills! Not the best explanation of vertical strokes but excellent in all other areas. Especially clear about forward paddling, edging and sweeps.

"Every Crushing Stroke" by Scott Shipley

An inspirational piece of work aimed at the intermediate to advanced paddler. A must for those heading for Kayak 2, training for slalom or just hungry to get better at classical paddling skills.

“Whitewater Paddling: Strokes and Concepts” by Eric Jackson

An excellent resource, very up to date. The info is all good. Especially well done is the section on vertical turning strokes (gliding draws). The concept is well explained and gets away from ambiguous “duffek” terminology. It’s a little hard-line on where to look with sweep strokes, practice looking on and off the stroke. A good resource.

“NZOIA Kayak Manual” by Martin Bell

Some technical points are dated, but it does contain excellent instructional material. A great how to instruct book. Take a look you’ll get a few ideas totally ignored in all other resources. The NZOIA manual offers excellent input on group management, teaching strategies, games etc.



But wait there’s more...

There is also a bunch of amazing play boating books/videos – check out Eric Jackson’s latest – Wow! A modern combination of inspirational footage and technical instruction. Wherever you are at the knowledge is there for the taking so rip into it. In terms of NZOIA assessments/training all the info you need is out there waiting. All good kayaking outlets stock or can order the material mentioned in this article. Enjoy taking that new knowledge to the river.

Contributions to the NZOIA Quarterly ~

The *NZOIA Quarterly* welcomes articles, photos, letters, news, details of coming events and bits and pieces from all readers. Submissions may be edited.

Please forward all items to:
Administration Officer PO Box 11-325
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or by email to: ao@nzodia.org.nz

Executive Committee Profiles

Matthew Cant (President)



Matthew has been involved in outdoor activities from a very early age having been introduced, like many of his generation, through the Scout movement. His career in the outdoors began over 20 years ago when he started out instructing rock climbing and tramping to wayward youths in the

UK. This led on to teacher training and a Bachelor of Education degree. Since then he has been a special needs teacher, Tutor at Wanganui Polytechnic, manager of the Guthrie Smith Outdoor Education Centre in Hawkes Bay and working freelance as an instructor in his own business Crossing Latitudes. Matt currently works at Nelson College where he teaches Outdoor Education, Design Technology and Graphics.

In his own time Matt enjoys a wide range of pursuits but is a mountaineer, trumper and explorer at heart. His adventures have taken him to various parts of the globe, however it’s ski touring and mountaineering in Patagonia that holds his current interest.

Paul Chaplow



Paul recently began employment at the Mountain Safety Council as a Programme Manager after 3½ years as the Training Manager at the Outward Bound School at Anakiwa. His new role is with the alpine and risk management programmes and the Council’s assessor pool.

Paul was based in British Columbia, Canada for 7 years. His jobs included; managing an eco-tourism lodge in a remote area of the Inside Passage, which specialized in grizzly bear viewing, 6 years running a sea kayaking business specializing in viewing killer whales and a season working as a polar bear guide in Churchill, Manitoba. Before moving to Canada Paul worked as an instructor at the Sir Edmund Hillary Outdoor Pursuits Centre.

Paul is passionate about the outdoors and environmental issues. He (obviously) has strong connections with both MSC and NZOIA and is keen to see closer relationships between them in relation to instructing awards.

Paul’s interests are mostly in the outdoors which includes white water kayaking, rock climbing, backcountry skiing, and sea kayaking, but he’s also into a bit of salsa & swing dancing! Recently adventure racing has taken a hold and Paul is entering this year’s Southern Traverse on the West Coast with a team from Outward bound.

Paul’s outdoor related qualifications are: NZOIA Kayak I, NZOIA Canoe I, NZOIA Rock I, NZOIA Bush II, SKOANZ/KASK/NZOIA Sea kayak II.

Richard Dunn



Richard's career in the outdoors started at Tihoi Venture School in the early nineties as an instructor. There he gained instructing experience to add to his wide background of walking & climbing his way around the South Island while at University studying Forestry Science.

Moving to Hamilton to complete a Diploma of Teaching and then teach, he worked with students who wanted to pursue rock climbing and kayaking and trained them to compete at national secondary school competitions.

Throughout his career in the outdoors he has been a member of NZOIA and attained Level One Alpine, Kayak and Rock Instructor Awards.

Richard moved back to the South Island to be with his partner Dale and to teach at Waimea College in the Outdoor Education and Science Departments where he is currently in charge of Outdoor Education. This gives Richard a good balance of life with time out of school and campus based work that provides the energy and enthusiasm to get out and recreate for himself.

Sue Gemmell



Sue is currently employed by is based in Taupo but has spent the last 8 years working for The Sir Edmund Hillary Outdoor Pursuits Centre in Turangi. Her role changed considerably during her employment with OPC, from full time instructor working with school, corporate and Certificate students to Education Officer

trying to unravel the mysteries of TEC, NZQA and the Ministry of Education.

Sue has a background in teaching and strongly believes in the positive power of the outdoor environment to provide life changing learning experiences. She holds B.Phys.Ed, Diploma of Teaching, NZOIA Rock I, Alpine I, Outdoor Safety Management.

Sue's passion is skiing, a pursuit her father introduced her to when she was 7, and her early career in the outdoors was dominated by this activity. She spent several winters both in New Zealand and in Canada working as a ski instructor and ski patroller. Now telemarking and ski touring take up many of her winter weekends.

~ profiles for
Chris Burtenshaw and Steve Milgate
will be in the December issue of the
NZOIA Quarterly

Jill Dalton

NZOIA Pres. for the last 5 years, but on TSC and Exec. at various other times. Secondary teacher of Economics in a past life, as well as NZMSC programme manager, school secretary, private secretary, and part time worker in Takeaway Bar when dollars got short. Really likes orienteering, tramping, wine tasting and reading. Regular overseas trips ensure sanity. Two cool children and even a few grandchildren.



Jill and Jim

Jim Hepburn

A farmer for 20 years who appears to be able to turn his hand to anything.

Taught computing at Aoraki Polytech in Ashburton then realised he didn't have any qualifications so moved to Auckland and became a big wheel corporate Manager of Business Technology complete with qualifications. Manager of NZOIA finances for 5 years and proud of the current financial stability that has been achieved. Keen to move to the South Island asap to be closer to the mountains.

Congratulations ~

to the following members who recently gained NZOIA Awards

Alpine 1

Andrew Dyer
Hilary Hurst
Pieke Mestrom
Steven Parker
Andre Schoneveld

Climbing Wall

Micaele Westrupp
Simon O'Donnell
Louise Blomberg
Kate Newman
Che Phillips

Rock 1

Logan Akers
Matt Heard
Richard Hunter
Christopher Jackson
Daniel Jimmink
Tim Lewis
Tara McDonald
Lauren Ogle
Tara Phillips
Keri Wingate
Benji Woodman

Kayak Flatwater

Alan Oates

Kayak 1

Jonathon Lasenby
Dougal Pollock

OUR SECOND JOURNEY IN AN ENCHANTED LAND

Its four years since we were last in Italy, but vivid memories of the Dolomites have stayed with us. This year the World Masters Orienteering Champs were held in Asiago, a small town on an altipiano just south of the Dolomites. What an opportunity to go back.

Over 2,000 orienteers competed in this year's Masters, and most of the competition was held in forests amid rolling meadows at about 1,200 m. The area was littered with remains of World War 1 fortifications and at times it seemed eerie to be running in areas where many battles had been fought. Lots of the trenches were shown clearly on the maps, and many of the meadows had monuments to the local soldiers who had lost their lives. In my grade there were 216 competitors from many of the strong European countries such as Sweden, Norway and Finland. This was the first time I had faced such strong competition. There were three qualifying heats and it was necessary to end up in the top third in order to be in the A final.

I had one strong run (5th) and one slightly dodgy run (20th), which put me in quite a strong position in the A final. On the big day I set off very cautiously, which proved my undoing as my final position was 11th, only 3 mins off the winner, with no orienteering errors. All I had to do was run faster – something I could definitely have done! Who knows – running flat out in the first part of the course might have resulted in errors!

All in all I was quite pleased, and now have a better measure of the strength of the competition in Europe.

Anyway, following all this Jim arrived and we set off for two weeks in the Dolomites.

The tracks there are all well numbered, information easy to access, and good maps available. Our first trip was a 5 day wander through some amazing limestone landscapes in the Fanes mountain group. We had normal size Kiwi packs which ended up being a bit redundant. Most people over there take smaller size packs, about 45 litre or less, and this is because the norm is to stay in Refugios (equivalent of a swept up mountain lodge), where you only need a sleeping bag liner. People don't carry much food, just eat at the lodges (B&B, plus you take what is left of the breakfast for lunch – if there is any!).

The idea of rolling up to a Refugio at the end of a days tramping and enjoying a shower, followed by a flat white and apple strudel seems quite civilized. Then its time for dinner – some fine Italian pasta with the local red

wine, the next day relatively easy tramping through kilometers of wild flowers in full bloom, oh what a great time we had.

I suppose the things that stood out were the simple track marking systems (red and white paint stripes on rocks with the number of the track), the lack of signs, intentions books, or controls. Rather people choosing trips that they felt comfortable with – and no one seemed to get lost, hurt or be out of their depth. Are we missing something here???

Even better, you can take a chair lift up the hill and save untold metres of height gain to get to the start of your trips. Even better still you can end up at a Refugio at the end of the day and have a cold Coke, flat white, or glass of wine.



“The right way to end a hot days tramping”

Tracks are simply graded with a bold dashed line meaning easy track, light dashed line being a bit harder, and dotted line for harder still. Even the hard tracks we found quite straightforward.

Our second trip was around the Pelmo group, and featured fantastic scenery, beautiful wild flowers, and some good fun scrambling up steep rocky bits. There are usually steel hand lines on any parts that have high exposure or crumbly tendencies.

The third trip was around the Civetta group and mention must be made of Refugio Tissi. This is set high on a hill with a huge bluff behind it. One of the most spectacular views to be had, and quite terrifying to get within a metre of the edge.



Although staying in Refugios was not cheap (although not expensive either if you can stop converting things into NZ Dollars), there didn't seem to be much evidence of camping, although this would be very possible. I think its more that the European trampers like to travel light.

The Dolomites never fails to impress me with its beautiful scenery and this time was no exception. Climbers are well catered for as well with many via ferrata routes.

Wonder if I can get back there again?

Jill Dalton



The Dolomites

IN YOUR NATURE

Hydraulics is offering Pro-deal prices to holders of NZOIA Kayak 1 and 2. Contact us directly at riverlifenz@xtra.co.nz or 03 523 9920, this offer is not available from retailers. Check out our latest product range at hydraulics-nz.com

HYDRAULICS

Adventure Trippin First Descents Kayaking Expedition Kenya 2004

Kenya, Africa a country crawling with big unpredictable wildlife, thick humid jungle, chocolate brown rivers and stoked friendly locals is now the home to a number of fresh adventure kayaking runs.

We left New Zealand on April 27th and landed in Kenya's bustling capital of Nairobi during the monsoon season.



The "A" Team

As a five man strong team of Australian, Kenyan and New Zealand members we predominantly explored rivers in Western Kenya and run-off in the central highlands from Mt Kenya, the countries summit peaking at 5199m. During a five-week period we explored nine previously un-navigated sections of river.

Some trip highlights included an eight hour 24km continuous class four descent of the Nyando river. On this run we discovered many classic rapids, two of note being a double tiered drop "Steak and Chips" and "Mama Flo" a clean seven metre waterfall we named after a friend who cooked us a fine meal whilst on our travels!



Nyando classic

The headwaters of the Irati plummeting into a carved bedrock canyon provided an inspirational put in. Below the spray of the falls we found another fantastic 10km section of class four whitewater. People were absolutely astonished as we paddled past in our brightly coloured kayaks. So much so that children ran screaming from our alien type figures and others just stood there with the expressions of "what the"



Luke Bedrock Gorge

The flag bearer of our expedition was a boof infested class five run on the lower Maragua river only thirty minutes from our base. On this day over a hundred locals gathered riverside trying to get a glimpse of the action, whistling and screaming with excitement. Fortunately all our lines down our first rapid went well, had we needed to organize any rescue on the river bank would have been like frantically trying to weave through a large mob of sheep!

Our expedition finished up with amazing views from high on the jagged peaks of Mt Kenya overlooking the vast open plains below to a sun setting on the horizon.

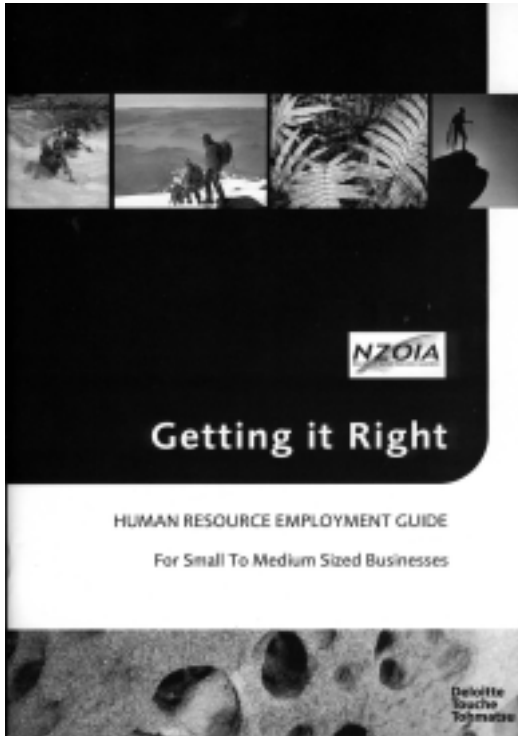
Huge thanks to James Savage for his plethora of local knowledge and ensuring none of us paddled into the jaws of any crocs or hippos.

For detailed river information, photos, footage, and the key to unlock all the information you will need to find the action in Kenya visit www.adventuretrippin.com

Many thanks to our sponsors who helped make it happen. Bliss stick kayaks, Hydraulics river equipment, Paddlerzone, Back country Foods, Stephens photo-plus & Ozone Coffee.

Zak Shaw
NZOIA Award Holder

ITEMS available from NZOIA



“GETTING IT RIGHT”

This is a Human Resource Guide for small to medium sized employers - a NZOIA resource written by Marcus Waters of Deloitte Touche Tohmatsu.

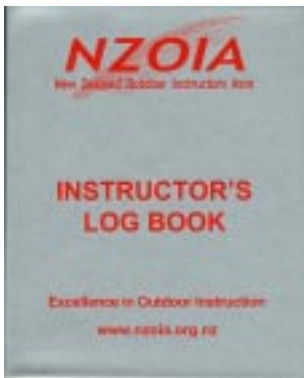
This manual has been written for **employers in the outdoor industry**, employers such as adventure tourism providers, outdoor education providers, guiding and trekking companies. The information is structured for the busy employer who is grappling with taking on their first employees or for the small company that employs a few staff, most of them seasonally.

Contents include chapters on recruitment and selection of employees, employment agreements, performance management and leadership, induction and training, remuneration and rewards, health and safety, and much more.

By providing quality information through this employer resource, NZOIA hopes to continue to add value to businesses and help ensure a safe and healthy outdoor industry.

Priced at \$30 for members (\$50 non members) (Inc. P&P)
 Order: *via the NZOIA website ~ www.nzoi.org.nz*
 or: *from the NZOIA Office, PO Box 11-090 Wellington*

NZOIA Logbooks



The format is an A5 plastic ring-binder (with the standard 2 ring).

Members - \$21,
 Non-members - \$24
 5 or more copies - \$19
 (Inc. P&P)

*Order via the NZOIA website,
 or from the NZOIA Office
 PO Box 11-090 Wellington*



NZOIA Information Brochure

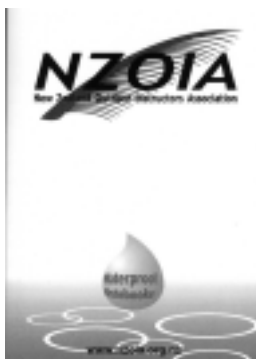
~ **outlining NZOIA the aims and activities, including the Award Scheme.**

email: ao@nzoi.org.nz,
 for a supply.

Also - NZOIA Promotional Posters
 ~ **A3 full colour posters**
 (same style as brochure)

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Kayaking is Life ~ a FREE Beginners Guide to Kayaking

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 for a supply.

NZOIA ASSESSMENT CALENDAR for balance of 2004

Course & Location	COURSE DATE	Closing Date	Course & Location	COURSE DATE	Closing Date
Kayak FW			Rock 1		
Auckland	October 30-31	October 1	Christchurch	Nov. 6-7	October 8
Christchurch	November 11-12	October 11	Rock 2		
Kayak 1			Whanganui Bay	Nov. 12-14	October 15
Central NI	November 19-21	October 22	Bush 1		
Christchurch	November 26-28	October 29	South Island	Nov. 27-29	October 29
Abseil 1			South Island	Nov. 1-3	October 4
Auckland	November 21-22	October 22	South Island	Nov 27-29	October 29
Canoe			Bush 2		
Christchurch	November 13-14	October 15	North Island	Nov 16-18	October 15
Climbing Wall On request			south Island	Nov 27-29	October 29
Cave 2 On request			Alpine 1		
Kayak 2 On request			South Island	October 16-18	September 17

NOTE: PLEASE check the NZOIA website for additional assessments that may have been scheduled since the publication of this Quarterly.

The Assessment Calendar for 2005 is now on the NZOIA website at:
http://www.nzoia.org.nz/qualifications/assessment_calendar.asp

Booking for a NZOIA assessment !

Booking Routine - You must have completed the prerequisites before applying for assessment; check the syllabus - they are all available on the NZOIA website at: www.nzoia.org.nz. You must also be a current member of NZOIA as at the date of the assessment. To apply for a place on an assessment, obtain an assessment application form from the website (or the administration officer) and forward it to NZOIA by the closing date with:

- a \$100 deposit;
- a **copy** of your log;
- a **copy** of your current first-aid certificate, (and the application form).

APPLICATIONS normally close one month before the assessment date.

We allocate places on assessment courses a on first-in, with deposit, first-accepted basis. After the closing date, we will send you confirmation of your booking. You must pay the balance of the course fee before the assessment. If we cancel the course, we will refund all fees.

The deposit will be refunded in full if you withdraw from a course four weeks or more before the course start, (or you can transfer this to another course). Deposits will not be refunded where the withdrawal is within four weeks of the course, but may be transferred to another course. Where a withdrawal occurs within two weeks of the course 50% of the course fee will be charged.

Course fees:	Two day	- \$370
	Three day	- \$495
	Four day	- \$640

Assessment by special arrangement - It is possible to arrange assessments on dates other than those scheduled (generally subject to the availability of assessors). Contact the Assessment Co-ordinator (email - assessment@nzoia.org.nz) or Steve Scott, telephone 04-385 6048.

If you are wishing to participate in an assessment on a particular date, don't be disappointed - please secure your place early - don't delay in forwarding your deposit.

NZOIA Cave 2, Kayak 2 and Climbing Wall Assessments

These assessments are conducted "on request". If you are interested in participating in one of these assessments, please contact the NZOIA Administration Officer at: ao@nzoia.org.nz. When we have sufficient interested persons, we will organise an assessment.

gear up for your
adventure

bivouac/outdoor

COMMITTED TO ADVENTURE



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