

# NZOIA™ Artificial Whitewater Course Kayak Instructor



Photo: [www.wero.org.nz](http://www.wero.org.nz)

## Assessment Guide For Assessors and Candidates

## Assessment Notes

This Assessment Guide is to assist assessors with judging a candidate's competency. All judgements must be based on current good practice and industry standards. This guide is also to help candidates know what they will be assessed on and what assessment tasks they will be asked to complete.

Assessors can use 3 types of direct evidence to judge a candidate's competency:

- Written questions / assignment
- Observation of practical tasks
- Questioning and discussion

## Technical Competence

### 1. Demonstrate personal kayaking skills on class 2 and class 3 whitewater

The candidate will demonstrate controlled kayaking on class 3 whitewater.

The candidate will demonstrate the following role model kayaking skills (i.e. making good visual images suitable for students to learn from) on class 2:

- A range of efficient and effective paddling techniques e.g. forward, reverse, sweeps, draw strokes, bracing, edging/railing
- Moving into and out of the current using continuous paddling eddy turns
- Moving across the current using forward ferry gliding/ high cross on a wave
- Choosing safe and efficient lines /routes through whitewater
- A reliable roll

### 2. Demonstrate personal whitewater safety skills on class 2 whitewater

The candidate will demonstrate the following on class 2 whitewater:

- Defensive whitewater swimming skills
- Receiving a throw bag as a swimmer in moving water
- Use of a throw bag to rescue a swimmer - attention gained, accurate throw, stable belay, safe pendulum
- Barrel roll a capsized kayaker

## Group Management and Leadership

### 3. Lead and manage a group kayaking on class 2 whitewater

The candidate will demonstrate competent leadership and management of a group kayaking on class 2 whitewater which includes:

- A safety brief before the session commences including identifying hazards, and course etiquette around other users
- Effective and proactive management of the group including; anticipation of capsizes, dealing with differences in abilities of group members, protecting sections of the course as appropriate for less experienced paddlers
- An effective communication system for managing the group
- Establishing rapport and using a leadership style appropriate to the group
- Organise and motivate a group/ individuals in an artificial whitewater environment

#### **4. Demonstrate effective safety management according to the facility's standard operating procedures**

The candidate will:

- Know and adhere to the facility's safety operating procedures
- Complete a pre-activity check of equipment for fitness of use
- Demonstrate a general site check for hazards and take steps to rectify any identified
- Identify and manage dangerous equipment (repair, replace and/or isolate)
- Be able to locate a first aid kit and deal with first aid situations as required
- Describe how to get assistance

### **Instruction**

The candidate will prepare and deliver teaching sessions on rolling, whitewater safety skills and moving water safety skills as outlined below and demonstrate:

- A range of teaching skills e.g. introduction, appropriate voice, language and body language, teaching/visual aids, demonstrations, teachable moments, evaluation of learning
- Using both *in kayak* and *out of kayak* (i.e. from the bank) instruction
- Engaging the students in a positive learning experience which encourages enthusiasm and interest
- Preparing students to be independent kayakers on in an artificial whitewater course environment

#### **6. Teach rolling**

The candidate will teach a rolling session which demonstrates:

- Preparing and delivering a safe, well managed and positive learning experience
- Confidence activities including capsize procedures/wet exit
- A rolling progression and technique most suited to the needs of individual students

#### **7. Teach whitewater safety skills**

The candidate will teach whitewater safety skills which demonstrates:

- Selecting a suitable training site
- Providing a safe, well managed and positive learning experience

The candidate will teach the following river safety skills:

- Capsize and self-rescue with kayak and paddle
- Defensive whitewater swimming skills
- Receiving a throw bag as a swimmer in moving water
- Being barrel rolled as a capsized kayaker

#### **8. Teach moving water skills on flat and moving water**

The candidate will demonstrate the ability to teach moving water skills on class 2 whitewater, including:

- Preparing and delivering a safe, well managed and positive learning experience
- The ability to teach kayaking strokes and techniques on flatwater that prepare students for moving water e.g. bracing, edging and railing, eddy turn progressions (including a variety of activities e.g. games, drills to achieve results)
- Identifying whitewater features and hazards and how to use and/or avoid them
- Effective communication including the use of paddle signals
- Choosing safe and efficient lines through whitewater
- The ability to teach a range of kayaking strokes and techniques on moving water e.g. forward, reverse, sweeps, draw strokes, bracing, edging/railing
- Moving into and out of the current using continuous paddling eddy turns
- Moving across the current using forward ferry gliding/ high cross on a wave ferry gliding