

# NZOIA™ Sea Kayak Level 1 Upgrade

## Scope and Syllabus

### Scope

#### Sea Kayak Level 1 Profile

The NZOIA Sea Kayak Level 1 is able to:

- Plan and prepare for a multi-day sea kayaking trip
- Demonstrate effective Sea Kayaking skills
- Lead and manage groups on a multi-day trip
- Apply nautical and weather interpretation and forecasting skills
- Apply effective safety management
- Teach sea kayaking skills
- Prepare and deliver teaching sessions
- Role model accepted environmental practices
- Provide interpretive information about sites visited

#### Instructional Scope

The holder of this qualification can organise and instruct 2-3 day Sea Kayaking trips in coastal, lake or open water areas where adverse conditions and limited periods of exposed coast may be encountered. Overnight camping sites are in established areas.

Adverse conditions being; wind up to 20 knots, surf up to 1.0 metres, swell of up to 1.5 metres and tidal current of up to 4 knots.

#### Pre-requisites

- SKOANZ Sea Kayak Guide
- The NZOIA Sea Kayak Level 1 will have no less than 50 days sea kayaking experience in a variety of locations and conditions. This will include no less than:
  - 20 days personal experience
  - 20 days of instructing or guiding experience (5 of which must be instructing, 5 of which must be guiding)
  - 10 days of these must involve multi-day trips (either personal, instructing or guiding)
  - Additional days can include theory sessions e.g. trip planning, weather, navigation, nutrition.
- Instructing/guiding experience can include being a co-instructor/guide or assistant instructor/guide
- A day is considered to be at least 6 hours from start to finish. Sessions can be accumulated to make a day
- The NZOIA Sea Kayak Level 1 will hold a current First Aid qualification

- The NZOIA Sea Kayak Level 1 will be 20 years old or over

The pre-requisite experience requirements are minimums, extra days are recommended so that a broad range of experience is gained.

## **Revalidation**

The NZOIA Sea Kayak Level 1 qualification remains valid as long as the holder completes NZOIA's revalidation and registration requirements.

## **Progressing to Instructor Level 2 Qualifications**

As the NZOIA Sea Kayak Level 1 gains more experience, they can progress to gaining the Level 2 qualification. The steps they can follow include:

- Gaining the experience outlined in the NZOIA Sea Kayak Instructor Level 2 pre-requisites.
- Attending an NZOIA Level 2 training course.
- Working with an NZOIA Level 2 Sea Kayak Instructor.

# **Syllabus**

## **Technical Competence**

1. Demonstrate sea kayaking skills in a single sea kayak
2. Demonstrate campcraft skills for established sites

## **The Environment**

3. Role model accepted environmental practices

## **Group Management and Leadership**

4. Plan and prepare for a multi-day instructional and guided trip
5. Lead and manage a group during an instructional session
6. Apply effective safety management

## **Instruction**

7. Prepare and deliver teaching sessions
8. Teach sea kayaking skills