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| Kayak 1*NZOIA Summary Sheet* | NZOIA logo Revise Final 2010 jpg |
| **Name:** Click to enter text. |
| The purpose of this form is to summarise your logbook so we can clearly see the prerequisite days required for this qualification. These are an **absolute minimum** expectation for those planning to sit this assessment. Please summarise all your logged experience. A river trip is considered to be at least 2 hours duration from put in to get out on a recognised section of river).A valid teaching session is an organised event with expected outcomes (not teaching friends informally). Instructing experience can include being a co-instructor or assistant instructor.  |
| Personal experience | Total |
| Number of personal river trips (**at least 50 trips on at least 5 different rivers**, formal training days not included) |  # of trips |
|  Of these, how many trips were on Class 3 or above? (**at least 20**) | # of trips |
| ***List river sections, river and class:***Click to enter text. |
| Instructional experience | Total |
| Number of sessions teaching rolling (**at least 20**) | # of sessions |
| Number of flat-water teaching sessions (**at least 15**) | # of sessions |
| Number of moving water teaching sessions (**at least 15**) | # of sessions |
| Number of river trips (**at least 20**) | # of trips |
| ***List river sections, river and class:***Click to enter text. |
| Formal Training | Total |
| Number of days of formal instruction you have *received* as part of a programme, training course etc. | # of days |
| Have you attended a pre-assessment training programme administered by a NZOIA Kayak qualification holder? | Yes or No? |
| ***If yes, when & where:***Click to enter text. |