

## **Sea Kayak Instructor Endorsement**



Photo: John Kirk-Anderson

## **Scope and Syllabus**

With the support of:



# NZOIA™ Sea Kayak Instructor Endorsement

## Scope

### Sea Kayak Instructor Endorsement Profile

The NZOIA Sea Kayak Instructor Endorsement is able to:

- Plan and prepare for a multi-day sea kayak trip
- Demonstrate effective sea kayak skills
- Lead and manage groups on a multi-day trip
- Apply nautical and weather interpretation and forecasting skills
- Apply effective safety management
- Teach sea kayak skills
- Prepare and deliver teaching sessions
- Role model and promote accepted environmental practices
- Provide interpretive information about sites visited

### Scope

The holder of this qualification can organise, lead and instruct trips in coastal, lake or open water areas where adverse conditions and limited periods of exposed coast may be encountered. Overnight camping sites are in established areas.

Adverse conditions being; wind up to 20 knots, surf up to 1.0 metre, swell of up to 1.5 metres and tidal current of up to 4 knots.

### Prerequisites

Be a current Full Member of NZOIA

Be 20 years old or over

Hold a current First Aid Certificate

Hold a current NZOIA Sea Kayak Guide qualification. Refer to NZOIA's policy for exemptions.

Have the following experience as evidence in a logbook:

**Total experience** – at least 40 days sea kayak experience in a variety of locations and conditions including 10 days on multi-day trips. These 40 days must include:

**Personal experience** – at least 20 days personal sea kayak experience

**Instructional experience** – at least 20 days leading and instructing or guiding sea kayak groups 10 of which must be instructing sea kayaking skills. Experience will include co-instructing/guiding or working as an assistant instructor/guide. Additional days can include theory sessions e.g. trip planning, weather, navigation, nutrition.

A sea kayak day is considered to be at least 4 hours on the water. Sessions can be accumulated to make a day. Total experience can include training course days. Training course days cannot be included in personal experience.

The prerequisite experience requirements are minimums, extra days are recommended so that a broad range of experience is gained.

## **Registration and Revalidation**

Registration and revalidation with NZOIA provide proof of currency for NZOIA qualification holders.

### **Progressing to NZOIA Sea Kayak 2**

As the NZOIA Sea Kayak Instructor Endorsement holder gains more experience, they can progress to gaining the NZOIA Sea Kayak 2 qualification. The steps they can follow include:

- Gaining the experience outlined in the NZOIA Sea Kayak 2 prerequisites
- Attending an NZOIA Sea Kayak 2 training course
- Working with an NZOIA Sea Kayak 2 holder

# **Syllabus**

## **Assessment Notes**

The syllabus outlines what the content of the assessment will include and gives an idea of what assessment tasks the candidate will be asked to complete. All judgements on how the candidate meets the syllabus must be based on current good practice and industry standards.

Assessors use three types of direct evidence to judge a candidate's competency:

- Written questions/assignment
- Questioning and discussion
- Observation of practical tasks

The NZOIA Sea Kayak Instructor Endorsement candidate is expected to demonstrate any of the competencies outlined in the NZOIA Sea Kayak Guide Scope and Syllabus, as well as the following competencies:

## **Technical Competence**

### **1. Demonstrate sea kayak skills in a single sea kayak**

The candidate will demonstrate the following kayak skills without use of a rudder, role modelling technique that creates good visual images suitable for clients to learn from:

- 1.1** Forward paddling; power strokes and touring strokes
- 1.2** Reverse paddling strokes
- 1.3** Forward and reverse sweep strokes
- 1.4** Draw strokes
- 1.5** Brace/support stroke that rights the kayak from past the point of capsize
- 1.6** Emergency stopping strokes that stop the kayak in 3 strokes
- 1.7** Stern rudders
- 1.8** Railing/edging

## **Group Management and Leadership**

### **2. Lead and manage a group during an instructional session**

The candidate will demonstrate:

Effective group briefing including setting ground rules, and debriefing

- 2.1** Effective management of a group on the water which includes; pacing, rest stops, keeping the group together, time management and a system for accounting for everyone
- 2.2** Motivating clients to ensure they are engaged, and have a positive experience
- 2.3** Establishing rapport and using a leadership style appropriate to the group
- 2.4** The ability to work with other instructors

### **3. Apply effective safety management**

The candidate will:

- 3.1** Be able to effectively manage changing situations e.g. one or more capsized kayak, differences in abilities of group members, changes in weather and sea conditions
- 3.2** Demonstrate the awareness of risk and appropriate risk management strategies on and off the water during a given sea kayak trip
- 3.3** Have a first aid kit and be able to deal with first aid situations if required
- 3.4** Carry appropriate safety equipment relevant to the session trip e.g. hand pump, towline, appropriate communications device
- 3.5** Demonstrate safe practices and good judgement and decision making
- 3.6** Take reasonably practicable steps to eliminate or minimise the effect of significant risks for self and others

## **Instruction**

### **4. Prepare and deliver teaching sessions**

The candidate will:

- 4.1** Develop aims based on knowledge of clients
- 4.2** Plan a logical sequence of teaching progressions
- 4.3** Select and prepare a suitable location or venue for client success
- 4.4** Use clear demonstrations and explanations
- 4.5** Use a range of teaching skills and methods
- 4.6** Provide opportunities for clients to practice
- 4.7** Deliver feedback that is timely and specific
- 4.8** Maintain a positive learning environment

## **5. Teach sea kayak skills**

The candidate will teach sea kayak skills and provide clients with effective instruction to develop as independent sea kayakers. The candidate will demonstrate:

The candidate will:

- 5.1** The ability to provide clients with effective briefing and/or instruction in the following:
- Appropriate clothing and equipment for the conditions
  - Fitting of kayak including adjustment and use of rudder
  - Storage of equipment, personal items and fitting of hatches
  - Fitting and use of buoyancy aid spray deck
  - Lifting, carrying and transporting sea kayak
  - Launch and landing
  - Signals on the water (paddle, hand and whistle)
  - Spray deck release and capsize procedure
  - Any relevant hazards including other water users
- 5.2** The ability to teach a range of kayak strokes and techniques on flat water. The range may include, but is not limited to; forward paddling (power strokes and touring strokes), reverse paddling, sweep strokes, draw strokes, brace/support strokes, emergency stopping, stern rudders, railing/edging, ferry gliding.
- 5.3** The ability to teach sea kayak theory skills. The range may include, but is not limited to; clothing and equipment, rescues, navigation and location awareness, nautical and weather interpretation and forecasting, environmental practices.