

Wed 30 Sept	Thurs 1 Oct	Friday 2 Oct	Saturday 3 Oct	Sunday 4 Oct						
<p>0900 - 1700 NZOIA Assessor Training</p>	<p>0800 - 0900 Assessor Registration Open</p> <p>0900 - 1700 Assessor Conference</p>	<p>Half Day Professional Development Workshops</p> <table border="1"> <tr> <td data-bbox="474 188 862 810"> <p>AM</p> <p>0800 – 1200 Intro to abseiling & self-protection - (Darrin Worsfold)</p> <p>0830 - 1200 Middle Ages for all ages – Playing with alpaca wool, muka fibre, possum fur, native clay, soap and much more! (James Geddes, Blythe Southern, Richard van Dam)</p> <p>0830 - 1200 All About the Base – the power of flatwater kayak strokes (Tim Shaw)</p> <p>0900 - 1200 Adventure Therapy! (Helen Jeffery)</p> <p>0900 - 1200 Bring the moves into your rock-climbing sessions! (Dave Brash)</p> </td> <td data-bbox="862 188 1229 810"> <p>PM</p> <p>1300 – 1700 Intro to abseiling & self-protection (Darrin Worsfold)</p> <p>1300 – 1700 Middle Ages for all ages (James Geddes, Blythe Southern, Richard van Dam)</p> <p>1300 – 1700 Hanga a kaitiakitanga hoe – Building a paddle from recycled wood (David Williams)</p> <p>1300 – 1700 Quick and Dirty Rope Rescue Skills (Canyon Style) (Shanan Fraser)</p> <p>1300 – 1430 Getting the most out of the Adventure Activity Cert. Scheme (Pete Cammell)</p> <p>1445 – 1600 Decision Making – A systematic approach (Pete Cammell)</p> </td> </tr> </table>		<p>AM</p> <p>0800 – 1200 Intro to abseiling & self-protection - (Darrin Worsfold)</p> <p>0830 - 1200 Middle Ages for all ages – Playing with alpaca wool, muka fibre, possum fur, native clay, soap and much more! (James Geddes, Blythe Southern, Richard van Dam)</p> <p>0830 - 1200 All About the Base – the power of flatwater kayak strokes (Tim Shaw)</p> <p>0900 - 1200 Adventure Therapy! (Helen Jeffery)</p> <p>0900 - 1200 Bring the moves into your rock-climbing sessions! (Dave Brash)</p>	<p>PM</p> <p>1300 – 1700 Intro to abseiling & self-protection (Darrin Worsfold)</p> <p>1300 – 1700 Middle Ages for all ages (James Geddes, Blythe Southern, Richard van Dam)</p> <p>1300 – 1700 Hanga a kaitiakitanga hoe – Building a paddle from recycled wood (David Williams)</p> <p>1300 – 1700 Quick and Dirty Rope Rescue Skills (Canyon Style) (Shanan Fraser)</p> <p>1300 – 1430 Getting the most out of the Adventure Activity Cert. Scheme (Pete Cammell)</p> <p>1445 – 1600 Decision Making – A systematic approach (Pete Cammell)</p>	<p>Half Day Professional Development Workshops</p> <table border="1"> <tr> <td data-bbox="1247 188 1632 810"> <p>AM</p> <p>0800 – 1200 Rope Rescue LandSAR Style (Keith Riley)</p> <p>0800 - 1200 Un-instructing: Free play in the Outdoors. (Charlotte Jelleymann)</p> <p>0830 - 1200 Paddle, paddle, paddle your boat. Open Canoe Skills - WERO (Matt Barker and Jonathan Taylor)</p> <p>0900 - 1200 Parkour – The art of risk and reward (Maika Hemera)</p> <p>0900 – 1200 Moderation and Consistency – for those assessing in the outdoors (Pete Eley)</p> <p>0830 – 1230 Bushcraft Smorgasbord (Al Burns and Steve Onyett)</p> </td> <td data-bbox="1632 188 2002 810"> <p>PM</p> <p>1300 – 1600 Parkour – The art of risk and reward (Maika Hemera)</p> <p>1300 – 1600 WERO Slalom Workshop (Shaun Higgins)</p> <p>1300 – 1700 WERO Whitewater novice kayak progression (Matt Barker)</p> <p>1300 – 1600 Traditional Māori Outdoor Play (Jean Yern)</p> <p>1300 – 1600 Co-designing with Rangatahi (Fran McEwen – Sport NZ)</p> <p>1300 – 1630 Alpine Trickery – staying out of trouble on glaciers. (Gregg Beisly)</p> </td> </tr> </table>		<p>AM</p> <p>0800 – 1200 Rope Rescue LandSAR Style (Keith Riley)</p> <p>0800 - 1200 Un-instructing: Free play in the Outdoors. (Charlotte Jelleymann)</p> <p>0830 - 1200 Paddle, paddle, paddle your boat. Open Canoe Skills - WERO (Matt Barker and Jonathan Taylor)</p> <p>0900 - 1200 Parkour – The art of risk and reward (Maika Hemera)</p> <p>0900 – 1200 Moderation and Consistency – for those assessing in the outdoors (Pete Eley)</p> <p>0830 – 1230 Bushcraft Smorgasbord (Al Burns and Steve Onyett)</p>	<p>PM</p> <p>1300 – 1600 Parkour – The art of risk and reward (Maika Hemera)</p> <p>1300 – 1600 WERO Slalom Workshop (Shaun Higgins)</p> <p>1300 – 1700 WERO Whitewater novice kayak progression (Matt Barker)</p> <p>1300 – 1600 Traditional Māori Outdoor Play (Jean Yern)</p> <p>1300 – 1600 Co-designing with Rangatahi (Fran McEwen – Sport NZ)</p> <p>1300 – 1630 Alpine Trickery – staying out of trouble on glaciers. (Gregg Beisly)</p>	<p>0800 Clean up</p> <p>0900 AGM followed by Picnic Bunch and Symposium closing</p>
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<p>1830 Dinner</p> <p>Social Time (Assessors) 2000 - 2100 Assessor Registration</p>	<p>1830 Dinner</p> <p>Social Time 1930 Workshop Facilitators Meeting 2000 NZOIA Board Session</p>	<p>1830 Dinner</p> <p>1930 Workshop Facilitators Meeting</p> <p>Social Time</p>								
			<p>1845 Awards Dinner and Social Time</p>							

Friday | 2 Oct – Professional Development Workshop Descriptions

FRI - AM

Intro to abseiling & self-protection - 0800 – 1200

Darrin Worsfold | Vertical Adventures Owner Operator | NZOIA Rock 1

Introduction and how to set up a basic anchor system. Abseil using different equipment, abseil using self-protection. Aimed at a teacher's teaching ODE, or people with an interest in learning to abseil or wanting to include abseiling as part of their personal toolbox. No experience necessary, however a knowledge and understanding of knots would be useful. Gear provided, but bring along your own harness and abseil device if you have one.

Middle Ages for all ages - 0830 - 1200

James Geddes, Blythe Southern, Richard van Dam | Dilworth | Qualified teachers and NZOIA qual holders

Playing with alpaca wool, muka fibre, possum fur, native clay, soap and much much more! For the last 9 years we have been working with our students doing long term projects such as making hats from raw fibre, making sustainable cosmetics from scratch, incorporating nature into usable sculpture and recently using a loom to make cloth, the idea of this workshop is to give people a chance to come and try and or refine their hand at these lost arts and see if they will blend with their educational or personal kete kepu. It will run across the whole day so people can do the morning, the afternoon or the whole thing for any keen beans.

All About the Base – the power of flatwater kayak strokes - 0830 - 1200

Tim Shaw | NZOIA Kayak - Class III River Management

The power of flat water and simple stroke improvement. The base of this workshop is the sweep stroke and its application to Whitewater paddling. First part will be developing personal skills. The 2nd part we look at progressing new paddlers in an effective way. You need to be able to comfortably wet exit a whitewater kayak. You will need personal paddling gear – boat, paddle, skirt, PFD and appropriate warm kit.

Adventure Therapy! - 0900 - 1200

Helen Jeffery | Occupational Therapist | Adventure Therapy Aotearoa | Otago Polytechnic senior lecturer

We all know that adventurous activities in the outdoors has a positive impact on health and wellbeing, but do we understand why and how this can be nurtured in our work? Some concepts regarding the influence on health (mental health in particular) will be shared. Participants will have an opportunity to consider the continuum between outdoor education, therapeutic use of adventure and adventure therapy and where they stand on that continuum. The therapeutic side of activities and connection with nature will be explored. Facilitation strategies that include therapeutic communication skills will be presented and practiced. And, most importantly, participants will gain an understanding of safe professional boundaries when working with vulnerable people.

Bring the moves into your rock-climbing sessions! - 0900 - 1200

Dave Brash | NZOIA Rock 2 and Rock 1 Assessor

Climbing is movement: all the other stuff (rope, knots, belaying, etc) is merely to allow people to climb at height and get back down without serious injury or death! (Partly joking.) But teaching climbing movement is often ignored or poorly done - a command of 'Put your left foot there!' when a height-stressed novice is quivering 6 metres up does not count, in fact it's counterproductive. This session will explore the principles of climbing movement and how to incorporate them into a session sequentially—the rewards for students are huge and you may improve your own climbing too! Bring climbing shoes and chalkbag.

FRI - PM

Intro to abseiling & self-protection - 1300 – 1700

Darrin Worsfold | Vertical Adventures Owner Operator | NZOIA Rock 1

See description above under FRI AM.

Middle Ages for all ages - 1300 – 1700

James Geddes, Blythe Southern, Richard van Dam | Dilworth | Qualified teachers and NZOIA qual holders

See description above under FRI AM.

Hanga a kaitiakitanga hoe – Building a paddle from recycled wood - 1300 – 1700

David Williams | Wintec Tutor | NZOIA Sea Kayak 1, Bush 1, Rock 1, Alpine 1

With the principal of sustainability and kaitiakitanga in mind, why buy a paddle when you can make one and give old wood a new purpose. Using un-powered hand tools learn how to create a taonga to take on a journey. It is surprisingly easy! Bring along any small pieces of recycled timber you have at home, an inch thick is best. 1.5m length of Manuka or Horoeka for a shaft. Otherwise I will bring a bunch of scrap pieces and will provide all the tools and glue.

Quick and Dirty Rope Rescue Skills (Canyon Style) - 1300 – 1700

Shanan Fraser | NZOIA Canyon 2, Rock 1

Practical techniques for dealing with potential rescue situations in the canyon environment. Breaking blocks, Converting lower to a raise, Counterbalance Rescue... Ideally you will be confident leading a Canyoning trip, be able to rig releasable retrievable abseils and know how to tie Munter, Mule, Overhand Knot (Tied off Italian Hitch), Prussik Hitch's, Figure of Eight on the Bight. You will need to bring: Helmet, Canyon harness with Short & Long Cowstail/lanyards, Figure of 8 style descender, Prussiks, Mechanical Ascenders with footloop, VT Prussik, Pulleys, Slings, Carabiners, Rope, Rope/Canyon/Cave Bag. If you have any issues with Gear then Email Shanan: shanan@integrityinstructing.co.nz

Getting the most out of the Adventure Activity Cert. Scheme 1300 – 1430

Pete Cammell | NZOIA Alpine 1, Rock 2, Bush 1

Come with your questions! What I've witnessed and learnt from three Audit cycles as an Auditor/TE/TA. Many Operators waste a lot of money, time and effort by misinterpreting what is required at Adventure Activity Audit time. Active session with lots of tips and ideas to make your life a whole lot simpler and less stressful. Pros and cons of externally contracting a Technical Advisor. Case studies.

Decision Making – A systematic approach 1445 – 1600

Pete Cammell | NZOIA Alpine 1, Rock 2, Bush 1

The mind is fallible and in its fallibility it is predictable. A systematic method to ensure Operators and Participants are less likely to be blindsided by changing circumstances when on adventures, leading to better outcomes and achievement of these simple goals 'Coming home, better friends with some great and memorable adventures'. Case studies.

FRI - FULL DAY

Come Introductory Spelunking - 0800 – 1700

Kieran Chandler run in Conjunction with Nikau Caves and Raglan Rock | NZOIA Cave 2

North Waikato has two amazing underground adventures! Outdoor Education groups from the Waikato and Auckland have been using them for many years. The adventures are now run by companies to maximise the experience and conservation of the caves. Come along to see what makes them so inspirational. You need to be able to spend 4-5 hours underground. Please bring helmet, head torch (and spare), non marking footwear, thermals/fleece/overalls/harness (abseil gear) if you can.

Middle Ages for all ages - 0830 – 1700

James Geddes, Blythe Southern, Richard van Dam | Dilworth | Qualified teachers and NZOIA qual holders

See description above under FRI AM.

Tune your Sea Kayak Skills inside and out - 0830 – 1700

Mark Johnston | Adventure Specialties | NZOIA Sea Kayak 2, Sea Kayak 1 Assessor

Full day of sea kayak training. We will stay dry in the morning and look at maps charts and other off the water skills. After lunch we will get onto the water and cover instructing paddle skills as well as towing and finish up with in the water rescues, so you've got the skills in case the rest of the day didn't turn out as expected! Ideally you will be working towards Sea Kayak 1. Please bring your normal sea kayak gear plus some extra warm stuff so we can spend time in the water for a rescue session. There will be sea kayaks available, but feel free to bring your own.

Rope Rescue and Rigging - 0830 – 1640

Grant Prattley | Lead LandSAR instructor for Cave and Canyon Rescue | NZOIA Canyon 2

Cover the basics of two rope stretcher evacuation in steep terrain including rescue anchor rigging, lowering, raising, changeovers, stretchers, team roles, comms and system analysis and forces. Will have a couple of load cells to put in the system and see what's happening. You should have a roping background of some sort – Rock, canyon, alpine – would be advantageous but not essential. Please bring along a helmet, Harness, standard personal gear on the harness for descent ascent/cowstail.

Saturday | 3 Oct - Professional Development Workshop Descriptions

SAT - AM

Rope Rescue LandSAR Style - 0800 – 1200

Keith Riley | LandSAR trainer | West Coast Canyon & Whitewater SAR team coordinator | NZOIA Rock 2, Alpine 2, Kayak 2, Bush 2 & NZOIA Assessor

Looking at common LandSAR rope rescue principles and methods. How they differ or complement those used in Outdoor Education, and how we can improve our own professional practise. You require some experience with accessing steep terrain with ropes. Please bring a helmet, what you would typically have on your harness on a canyon/climbing/mountaineering day, and a rope if baggage allowance allows!

Un-instructing: Free play in the Outdoors - 0800 - 1200

Charlotte Jelleyman | IPA (International Play Association) Aotearoa NZ

In this workshop we will be exploring what free play is and how incorporating it into outdoor programmes can enhance the experience and contribute to group goals. Using a Te Ao Māori perspective, we will highlight ways in which tākaro connects tangata to place, each other and self. We will discuss how play can be relevant for everyone, at all ages and stages!

Paddle, paddle, paddle your boat. Open Canoe Skills - WERO - 0830 - 1200

Matt Barker (NZOIA Kayak 2 & Kayak 1 Assessor; BCU L4 Coach Open Canoe) | Jonathan Taylor | NZOIA Canoe 1

This ½ day workshop is for anyone who is curious about using open canoes in their programmes or personally. It will cover: Skills for flat water and moving water; Tandem and solo canoeing; Instruction techniques; Group management techniques. No experience necessary. You will need togs, thermals, waterproofs (top and bottoms), fleece jumper and a towel as a minimum.

Parkour – The art of risk and reward - 0900 - 1200

Maika Hemera | 10 years of coaching and instructing Parkour | NZOIA Bush 1 & Rock 1 Sport Climbing Endorsement

Parkour is fun, challenging, social and fun! For the past 20 years parkour has established itself from being an underground training style from the street kids of France, to a viral sensation, seen in blockbuster Hollywood movies and has reached practitioners from the all over the world including Aotearoa. Like many adventure based sports, parkour can be a perfect facilitation model for risk analysis, group dynamics, goal setting and physical and emotional well-being. This workshop will involve a practical parkour session and how the skill and knowledge can be transferred directly into your own practice or your clients. We will be covering: How to fall and prevent injury; Games and activities to use with group facilitation; Obstacle based training; How to teach a parkour skill. One of our biggest challenges is putting ourselves out there to learn a new skill. We can use parkour to get a deeper understanding and appreciation of this process, the physical, mental and societal risks associated with learning a new skill. No experience required, but an open mind and able body. Bring along comfortable clothing for physical activity, sneakers/trainers.

Moderation and Consistency – for those assessing in the outdoors - 0900 – 1200

Pete Eley | Otago Polytechnic | NZOIA Kayak & Sea kayak Leader Assessor

Exploring the dark art of moderation and consistency. Looking at what it is, how to do it, what you need to do for external authorities (NZQA) and why it is important. There will be a practical moderation exercise, allowing participants to discuss process and build experience in moderation. Bring along pen and paper. If you are running an assessment, and would like to moderate it, bring the top, middle and bottom marks, including assessment sheets, marking schedules.

Bushcraft Smorgasbord - 0830 – 1230

Al Burns (NZOIA Bush 2) and Steve Onyett (NZOIA Bush 2 & Bush Leader Assessor | Dilworth

Bushcraft, traditional knowledge, survival skills, connecting with the whenua. Whatever your angle and experience come and share your projects, ideas, and knowledge. Situated in the paddock (which is slowly being converted to a forest classroom) discuss creating connection to place and agency with your groups. Fire lighting, craft, knife projects, and a big pot of coffee will start us off. Bring a Mora knife, firesteel and your latest projects and questions.

SAT - PM

Parkour – The art of risk and reward (Maika Hemera) - 1300 – 1600

Maika Hemera | 10 years of coaching and instructing Parkour | NZOIA Bush 1 & Rock 1 Sport Climbing Endorsement
See description above under SAT AM.

WERO Slalom Workshop - 1300 – 1600

Shaun Higgins | WERO | NZOIA Multisport Kayak, Kayak Leader, Artificial Whitewater Course Kayak Instructor | NZ Canoe Slalom Team Member 2006-2017)

General Canoe Slalom technique and theories. Will be based around K1, C1 could be looked at also. Will progress from Flat water to Whitewater. You need to be able to paddle grade 1-2 and can roll preferably. All gear can be provided. Bring own gear if you have any.

WERO Whitewater novice kayak progression - 1300 – 1700

Matt Barker | NZOIA Kayak 2 & Kayak 1 Assessor

This ½ day workshop is for anyone who does or who is thinking of using the facility at WERO to teach kayaking. It will cover, teaching progressions for flat water and moving water skills. The best areas to use at the facility for different developmental stages. Instruction techniques suitable for use at the facility. Water flow regimes to make the most use of a controllable and variable resource. The range of kayaks and equipment to use. Basic kayaking (flat water) experience needed. You do not need to have any qualifications. Togs, thermals and a towel as a minimum. Other equipment available from WERO if we ask nicely!

Traditional Māori Play - 1300 – 1600

Jean Yern | Master Weaver | IPA (International Play Association) Aotearoa NZ

Introduction into possibilities of using and mixing traditional skills and play in the outdoors. Will touch on history and tikanga of harakeke, karakia caring for the and harvesting flax, weaving, and games and play that can mixed in with these.

- 1. Ukaipōtanga** (Belonging) - We will discuss Tikanga, Atua, Kaitiakitanga (Active; Harakeke Tikanga, cutting flax, weaving a hinaki, traditional eeling demonstration (somehow?))
- 2. Kaupapa i Kemu** (Validating Māori values through learning traditional Māori games) We will discuss Kauapapa and Māori dispositions - (Active; Introduction to māu rākau, poi, whai, tī rākau and more)
- 3. Te Tiriti O Waitangi** (The Treaty) We will discuss agency and biculturalism - (Active; Create a game, Te Reo games, What are Whakataukī?)
Bring along a knife.

Co-designing with Rangatahi - 1300 – 1600

Fran McEwen | Sport NZ – Active Recreation Lead

We often hear about the importance of ‘youth voice’ or being ‘participant led’, but there is a gap in knowledge of how to authentically engage young people in the design and development of initiatives that meet their unique needs. This workshop will include:

- Insights into the active recreation interests of rangatahi (young people 12-18);
- Build your knowledge and understanding of human-centred design;
- Impart the principles of co-design and how they can practically be used when planning youth engagement;
- Techniques and inspiration for co-design;

A reflection exercise on your organisations readiness to engage young people more in your work.

Alpine Trickery – staying out of trouble on glaciers - 1300 – 1630

Gregg Beisly | NZOIA Alpine 2 & NZOIA Alpine 1 Assessor

How to not fall all the way into crevasses and how to get out if you do. Please bring a harness, belay device, 4 locking carabiners, 4 non-locking carabiners, 2 prussiks, long sling.

SAT - FULL DAY

Canyoning – The Do’s and Don’ts, Why’s and Why not!?! - 0800 – 1700

Russell Hodgson (NZOIA Canyon 2 and NZOIA Canyon 1 Assessor) and Grant Prattley (NZOIA Canyon 2)

Do I have the skills with my Climbing/Caving/Alpine background to undertake a Canyoning trip recreationally?? Yes, you do, however there are specific differences in anchor set ups, rope management etc that are vital to understand to ensure you and your group are safe. Here’s how. Ideally participants will be comfortable abseiling and travelling on ridiculously slippery terrain. Please bring personal harness (climbing harness is fine), Full Wetsuit or two piece, Helmet suitable for climbing/ water activities, a descender – preferable a figure 8, a personal lanyard – ideally cowstails, suitable footwear – cross trainer type shoes or borrow someone’s 5.10 MTB shoes if you don’t have any... Ideally also: A few carabiners – locking, slings, a hand ascender and chest ascender or suitable means of going up a rope, prusiks etc.

How to build the stoke in your mountain bike sessions - 0800 – 1700

Kris Bartley (NZOIA MTB 2 & MTB 1 Assessor) and Rob Storey (SMTBA MTB Leader & former Irish Enduro Series winner) | Bigfoot Adventures

How to build the stoke into your sessions and make them more professional, fun and engaging. Morning = learn what and how to teach your groups making it fun and engaging all while building a lifelong love of mountain biking. Afternoon = hone your skills while shuttling at Fourforty Mountain Bike Park, trails cater for beginner to expert. This workshop is for instructors already teaching beginner to intermediate mountain bike sessions. Bring along your own bike, helmet and personal riding and instructing kit preferred, however bikes and helmets available for those that can’t bring them.